Event	Winner	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Year 5-7 Mixed	Sam Dodrill –	Ethan	Amy Mahoney	Grace	Hannah					
– 2:00mins	Deal	McDonald – Bexhill	– Bexhill	Mahoney – Bexhill	Mitchell - Bexhill					
	475m @ 2:06:3	470m @ 2:07:4	417m @ 2:23:6	394m @ 2:32:0	362m @ 2:45.5					
Year 8-9 Boys –	Tom Barwell –	Benjamin	Calum Melrose	Jack Dodrill –		_				
4:00m	Deal	Mumford – Bewl	– E'Bourne	Deal						
	1173m @ 1.42:2	1015m @ 1:58:1	1004m @ 1:59:4	885m @ 2:15:5						
Year 9 Girls –	P.Mercer –	Abbie Little –	Millie Jones –	Portia Smith –	Jade	Millie		Lauren	Julia	Victoria
4:00m	Shoreham	Bexhill	Bexhill	Shoreham	Azton -	Blunt -	Isobel	Baker -	Mathew	Ward -
	1036 @	070 @ 2-02-5	027 @ 2-00-0	025 @ 2-00-2	Deal	SRC	Tugwell - SRC	ERC	- BRC	Deal
	1026m @ 1:56:9	979m @ 2:02:5	937m @ 2:08:0	935m @ 2:08:3	894m @ 2:14.1	887m @ 2:15.3	845m @ 2:22.0	841 - 2:22.6	813 @ 2:27.5	615 @ 3:15.1
Year 10 Boys –	Owen	Henry	Luke Sprintall –	Max Dawkins –	Ross					
5:00m	Mullaney – Deal	Darlington – Deal	E'bourne	Deal	Widdett - Deal					
	1467m @ 1:42:2	1339m @ 1:52:0	1331m @ 1:52:7	1303m @ 1:55:1	1283m @ 1:56.9					
Year 10 Girls –	Booke Amos –	Katie Neary –	Charlie Cooper	Freya	Dana	1				
5:00m	Deal	Deal	– Bexhill	Emmerson – Deal	Hindley - Deal					
	1232mm @	1201m @	1181m @	1158m @	1100m @					
	2:01:7	2:04:8	2:07:0	2:09:5	2:16.3					
Year 11 Boys – 5:00m	Tom Adam – Worthing	Adam Baker – Bexhill	Oliver Burnard – Bewl	Beece Giles – Deal						
	1488m @ 1:40:8	1448m @ 1:43:5	1382m @ 1:48:5	1339m @ 1:51:9						
Year 11 Girls –	Elise Pigott –	Georgina	Emily Gurrey –	Charlottew	Emilia]				
5:00m	Worthing	Pepper – Bexhill	Worthing	Rose – Shoreham	Fahy - ERC					
	1264m @ 1:58:6	1245m @ 2:00:4	1225m @ 2:02:4	1222m @ 2:02:7	113m @ 2:14.8	-				
Year 12/13	Reece	M.Swarbrick –	Tiler Amos –	Guy Elder –	James	Will		Lloyd	1	
Boys – 1608m	Mullaney – Deal	Shoreham	Deal	Southsea	Tilley - SRC	knapp - BRC	Will Darlinton - Deal	Heathfield -ERC		
	5:13:5 @ 1:37:4	5:23:2 @ 1:40:4	5:24:5 @ 1:40:8	5:27:5 @ 1:41:8	5.29.5 @ 1:42.4	5.33.4 @ 1:43.6	5.41.6 @ 1.46.1	5.58.9 @ 1.51.5		
Year 12/13	Hayley	R.Addison –	Sophie McEwen	Rosalie Pugh –			l		<u> </u>	
Girls – 1608m	Widdett – Deal	Shoreham	– Worthing	E'Bourne						
	6:18:5 @ 1:57:6	6:21:8 @ 1:58:6	6:49:5 @ 2:07:3	6:58:1 @ 2:09:9						

Adult Competition										
Fastest Man of the Day	Tom Faith	Shoreham								
Fastest Woman of the Day	Charlotte Pigg	Shoreham								
Event	Winner	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Mens Open – 1608m	Peter Clarke – Southsea	Will Dennis – Deal	Josh Green – Bexhill	J.Waterhouse – E'Bourne	Jack Page (Iw) - BRC	Mike Hammond -SRC	Phil McCorry (Lw) - BRC	Nathan Keogh - WRC	Amar Duratovic - ERC	Nick McCorr - BRC
	5:11:6 @ 1:36:8	5:16:9 @ 1:38:5	5:20:4 @ 1:39:6	5:23:5 @ 1:40:5	5.29.4 @ 1:42.4	5.30.6 @ 1:42.7	5.34.4 @ 1:43.9	5.35.1 @1:44.1	5.37.5 @ 1:44.9	5.46.4 @ 1:47.7
Ladies Open – 1608m	Charlotte Pigg – Shoreham	S.Bareham – Shoreham	Sally Hills – Shoreham	Charlie Allen – Shoreham	Koral Prodger - ERC	Christiane Braun (50+)	Vinny Hourihne - BRC	Jany Blatcher - BRC (40+)		
	5:50:2 @ 1:48:8	6:09:8 @ 1:54:9	6:21:1 @ 1:58:4	6:29:0 @ 2:00:9	6.29.8 @2:01.1	6.30.0 @2:01.2	6.35.0 @ 2.02.7	6.52.1 @ 2:08.0		
Mens 30-40 – 1608m	Thomas Faith – Shoreham	Mark Mitchell – Bexhill	Jim Eatwell – Shoreham	Andrew Strewart – Southsea	Chris Mizen - BRC	James Mulland - SRC (lw)	Lee Dunstall - BRC		•	
	5:10:4 @ 1:36:5	5:11:4 @ 1:36:8	5:21:3 @ 1:39:9	5:27:5 @ 1:41:8	5.31.3 @ 1.42.9	5.35.1 @ 1:44.1	5.38.5 @ 1:45.2			
Mens Light Weight	Mark Mitchell - Bexhill	Josh Green – Bexhill	Jack Page – Bexhill	Phil McCory – Bexhill		1		1		
	5:11:4 @ 1:36:8	5:20:4 @ 1:39:6	5:29:4 @ 1:42:4	5:34:4 @ 1:43:9						
Ladies Light Weight	Sarah Bareham – Shoreham	Sally Hills – Shoreham								
	6:09:8 @ 1:54:9	6:21:1 @ 1:58:4								
Mens 40+ – 1608m	Warren H - Bexhill	Marc Cawling – Bexhill	Jeff Watling – Southsea	lan Cooper – Bexhill	Phil Powel – Shoreham					
	5.36.1 @ 1:44.0	5:41:9 @ 1:46:2	5:51:8 @ 1:49:3	5:55:6 @ 1:50:5	6:14:0 @ 1:56:2					
Relay – 1608m	Team – Bexhill	Team – Deal B	Team – Sexy Deal	Team – Not so Sexy Shoreham		1				
	4:45:0 @ 1:28:6	5:16:0 @ 1:38:2	5:17:0 @ 1:38:5	5:18:2 @ 1:38:9						